

POOKIE

American

PRONUNCIATION: POO-kee

TRANSLATION: Something cute

SOURCE: Dick Oakes learned this dance in 1977 in New York City, New York, from Ms. Freddie Savarick. Both Freddie and Michael Ginsburg collaborated in the choreography of this dance.

BACKGROUND: Freddie has choreographed many of these fun dances, including Disco Duck, Goofus, Java, Pickie Pickie, and Popcorn. Pookie is a common euphemism to describe something cute. It is also often used as a pet name or as a term of endearment and affection for one's significant other and is akin to "lovebug," or "cuddlemuffin."

MUSIC: Stoneway (45 rpm) 1102

FORMATION: Individual dancers facing head of hall.

METER/RHYTHM: 4/4

STEPS/STYLE: Freddie encourages dancers to put as much of their own style into the dance as they desire. For those who would like to dance it closer to the way Freddie does, she has these hints:

HUSTLE: Bend knees and snap fingers on ct 2 and ct 4 of meas 1, and ct 4 of meas 2 for a "discotheque" flavor.

SAMBA: Bring hands fwd with elbows bent on ct 1 and swing bent elbows bwd on ct 2. Repeat "flying" action on cts 3 and 4.

CHUGS: In addition to extending L arm fwd on the jazz-style "chug," also extend the R leg bwd in air on ct 3. On cts 3,&4 of meas 2, give these three steps a "cha cha" styling with hip movements.

BUMP: On the "hustler" bump of ct 4, place L hand on L hip and hold R hand up in back with index finger extended. A "cha cha" styling may also be added to cts 3,&4 of meas 2.

MEAS

MOVEMENT DESCRIPTION

1-12

INTRODUCTION - No action.

I. HUSTLE

- 1 Step R swd (ct 1); close L to R without wt (ct 2); step L swd (ct 3); close R to L without wt (ct 4);
- 2 Step R swd (ct 1); step L across in back of R (ct 2);
- 3 Step R swd (ct 3); close R to L without wt (ct 4).
- 4 Repeat action of meas 1-2 to L with opp ftwk.
- 5-8 Repeat action of meas 1-4.

II. SAMBA

- 1 Turning to face R, step R (ct 1); step L bwd onto ball of ft, stretching L leg bwd comfortably (ct &); step R in place (ct 2); turning to face L, step L (ct 3); step R bwd onto ball of ft, stretching R leg bwd comfortably (ct &); step L in place (ct 4).
- 2-4 Repeat action of meas 1 three more times.

III. CHUG

- 1 Facing head of hall, step R fwd (ct 1); step L across in front of R (ct 2); leaning fwd slightly from hips and extending L arm fwd, "chug" L bwd (ct 3); step R bwd (ct 4);
- 2 Step L swd (ct 1); step R next to or in front of L (ct 2); step RLR in place (cts 3&4).
- 3-8 Repeat action of meas 1-2 three more times.

IV. BUMP

- 1 Step R, L, R fwd (cts 1, 2, 3); touch L toe fwd, twisting body to R and thrusting L hip fwd (ct 4);
- 2 Step L, R bwd (cts 1, 2); step LRL in place (cts 3&4).
- 3-8 Repeat action of meas 1-2 three more times.

Repeat entire dance from beg.