

KATERENA

Ukrainian

PRONUNCIATION: kah-ter-EH-nah

TRANSLATION: A woman's name

SOURCE: Dick Oakes learned this dance from Vincent Evanchuk who taught it at the 1961 Santa Barbara Folk Dance Conference and the 1972 San Diego State University Folk Dance Conference.

BACKGROUND: Katerena is the type of show-off dance that would be done after work at the evening party ("vechernechi" or "vechirka") where Ukrainians eat, drink, and dance in the Ukrainian way to live music.

MUSIC: National (45rpm) N-4516 "Katerina"

FORMATION: Four W (numbered 1 through 4 for this description) at corners of a square facing ctr with hands flat on hips, fingers fwd. W-1 is diagonally across from W-2, W-3 is to the L of W-1 and diagonally across from W-4. Two M (lettered A and B) are outside of the square, M-A between but behind W-1 and W-4, while M-B is between but behind W-2 and W-3. M face each other across the square, arms folded across and raised from chest, feet shldr-width apart:



METER/RHYTHM: 2/4

STEPS/STYLE: PDB (Pas de Basque): The main step throughout the dance is abbreviated PDB in this description. This particular PDB is danced straight fwd or bwd without moving from side to side and without crossing the ft. M dance the PDB with knees high, W with knees low. Also written Pas de Bas.

KNEE-KICK-PDB: ("vehenyeny"): With wt on L, bring R heel up to touch L leg just below knee-cap, ft relaxed (ct 1); kick R fwd and dn, leg straight and toe pointed (ct 2); step L (ct &); step R (ct 2). Entire motif takes 2 meas. For repeat on next two meas, use opp ftwk.

SCISSOR-KICK: ("kolesenya"): Leap R in place with knee and leg straight, heel slightly off floor, kicking L fwd and dn with leg straight and toe pointed (ct 1); leap L in place with knee and leg straight, heel slightly off floor, kicking R fwd and dn with leg straight and toe pointed (ct 2). Because legs are kept straight, leaping is done with toe and ankle action instead of with knee and hip, and the motif resembles a pair of scissors in its movement.

PDB-KICK ("veedrevenya"): Moving bwd with PDB motifs, accent ct 2 of each meas with a kick of the free ft fwd and dn, knee straight and toe pointed.

SQUAT-KICK ("preschid"): From a standing pos, drop into a squat position as assumed in a deep-knee-bend, on balls of ft, knees fwd and out and roughly parallel with hips, heels raised from floor, back straight and vertical (ct 1); with back remaining straight and vertical, rise to a partially standing pos with wt on ball of R and supporting knee bent, L kicked fwd and roughly parallel with R knee, L knee slightly bent and toe turned out (ct 2); For repeat on next meas, use opp ftwk on ct 2.

Hands are flat on hips, fingers fwd, for both M and W unless otherwise noted.

Dancers should carry themselves with an air of happy proudness.

MEAS	MOVEMENT DESCRIPTION
	INTRODUCTION
	None.
	I. W PDB TO CTR
1-8	M stand with arms folded, as in Formation pos. W, beg with R, dance 8 PDB to ctr, hands flat on hips, swaying shldr.
	II. W PDB CW, CCW
1-8	With R hand extended into ctr, W dance 8 PDB CW.
9-16	W, making 1/2 turn CW and reversing hand pos, dance 8 PDB CCW.
	III. W KNEE-KICK PDB CW, CCW
1-8	W, making 1/2 turn CCW and reversing hand pos by extending R hand into ctr, dance 4 Knee-Kick-PDB CW.
9-16	W pivont 1/2 turn CW on L and, reversing hand pos, dance 4 Knee-Kick-PDB CCW.
	IV. W OUT, M CTR
1-8	W, making individual CCW turns, dance 8 PDB from ctr to 4 corners of square from which they orig started, L handholding beads at center of upper torso (collar-bone height) with elbow at shldr height and palm dn, R hand flat on hip. M, moving for the first time and beg with R, dance 8 PDB to ctr facing each other.
	V. M ELBOW-TURN CW, CCW; W SCISSOR-KICK
1-8	M, hooking R elbows with L hand flat on hip, dance 8 PDB CW. W, with hands fwd and dn, palms up, dance 16 Scissor-Kicks in place.

- 9-16 M, turning 1/2 CW to reverse pos, hook L elbows and dance 8 PDB CCW.
W continue action of Fig V, meas 1-8.

VI. CPLS ELBOW-TURN CW, CCW

- 1-8 M-A to W-1 and M-B to W-2 and, hooking R elbows, dance 8 PDB CW.
W-3 and W-4 to ctr and, hooking R elbows, dance 8 PDB CW.
- 9-16 All dancers, turning to reverse pos and hooking L elbows, dance 8 PDB CCW.

VII. M CTR SQUAT-KICKS

- 1-8 M to ctr and, holding R hands with forearms together and arms bent at elbow, L arms held out side with palms up, dance 8 Squat-Kicks moving CW.
W-3 and W-4, making individual CCW turns, dance 8 PDB from ctr to own corner, L handholding beads center of upper torso (collar-bone height) with elbow at shldr height and palm dn, R hand flat on hip.
W-1 and W-2 dance 16 Scissor-Kicks in place, facing ctr.
- 9-16 M, turning 1/2 CW to reverse pos and holding L hands with forearms together and arms bent at elbow, R arms held out to side with palms up, dance 8 Squat-Kicks moving CCW.
W all dance 16 more Scissor-Kicks as in Fig VII, meas 1-8.

VIII. CPLS ELBOW-TURN CW, CCW

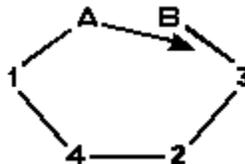
- 1-8 M-A to W-4 and M-B to W-3 and, hooking R elbows, dance 8 PDB CW.
W-1 and W-2 to ctr and, hooking R elbows, dance 8 PDB CW.
- 9-16 All dancers, turning to reverse pos and hooking L elbows, dance 8 PDB CCW.

IX. M CTR SQUAT-KICKS

- 1-8 M repeat action of Fig VII, meas 1-8.
W-1 and W-2, making individual CCW turns, dance 8 PDB from ctr to own corner, L handholding beads at center of upper torso (collar-bone height) with elbow at shldr height and palm dn, R hand flat on hip.
W-3 and W-4 dance 16 Scissor-Kicks in place, facing ctr.
- 9-16 All dancers repeat action of Fig VII, meas 9-16.

X. WEAVE THE ROPE

- 1-32 Dancing PDB motifs, M move between W-1 and W-3, facing ctr, with M-A to R of M-B. Dancers join hands with elbows bent in low "W" pos walk CW. M-A drops hand of M-B and leads under joined hands of M-B and W-3.



All follow with hands joined under the arch. As W-2 goes under the arch, W-3 turns CW and, without ducking under her arm, places her R hand across her L shldr still holding the hand of M-B. M-A continues to lead under each arch and the weaving is repeated until he turns, as did W-3, to finish the rope. Both M have free hand flat on hip. As Fig X is being completed, M form the dancers into a straight line (if for performance, twd audience). PDB motifs are danced throughout the entire Fig for 4 melodies.

XI. LINE FWD, BWD

- 1-8 Dancers all turn sharply 1/4 CCW to be shldr to shldr and, beg on R, dance 8 PDB fwd, accenting first ct of each meas with a stamping action (taking wt);
- 9-16 Dancers than dance 8 PDB-Kick bwd, accenting second ct of each meas with a kick fwd and dn, knee straight and toe pointed.

XII. FINALE

- 1-24 All dancers raise joined hands, displaying the rope and sharply turn 1/4 CCW to face in single file.
W-3 then lowers her R hand to her side.
M-A turns to W-1 and, moving bwd, snakes line all over the floor, dancing any moving show-off step he chooses.
M-B may do the same fwd using, for example, the type of squat-kicks that remain low ("schupaks") or the duck-walk ("schupak vbeek").